

THE BASIN PRIMARY SCHOOL

PHYSICAL EDUCATION POLICY

RATIONALE

Physical Education provides students with knowledge, skills and behaviours to assist them in developing and maintaining their physical, mental, social and emotional health.

AIM

- To promote a healthy lifestyle
- To impact on the physical, social, emotional and mental health of students
- To encourage students to engage in physical activity, games, sport and outdoor recreation by developing a sense of community, belonging and social connectedness
- To make commitment to activity in health-related physical fitness and sport education.

GUIDELINES

The Victorian Curriculum will be the basis of the Physical Education Curriculum. Students at every year level will engage in activities that include:

- enjoyment, personal achievement, team co-operation and participation which take precedence over competition.
- supervision that prioritises the safety of students when engaged in Sport and Physical Education
- sports injury prevention methods and strategies
- sun protection and acknowledgement of outdoor weather conditions

IMPLEMENTATION

Students at The Basin Primary School will be given the opportunity to engage in a balanced, sequential and comprehensive program based on the Victorian Curriculum.


➤ The Physical Education program will include:

- student engagement in a variety of physical activities on their own and cooperatively with their peers
- assistance for students with special needs and the provision of opportunities for extension
- students experiencing physical activities that use equipment and those that do not
- students operating in a range of environments including indoor, outdoor and aquatic settings
- teaching aimed at building on students' skill development
- students access to new knowledge of basic tactics in modified games and sport-specific situations, and the gradual increase of knowledge of rules to keep games and activities safe.
- environments that encourage skills such as strategic thinking to solve real-life problems to improve game performance

- activities that encourage social development, with aspects such as cooperation, communication, cooperative planning and team work in sports and games
 - students undertaking a variety of roles in team games
 - students reflection on personal sporting experiences.
- The Physical Education teacher will co-ordinate the school's inter-school athletic, swimming and cross country programs.
- Assessment may include a range of formal or informal tasks.

EVALUATION

This policy will be reviewed as part of the school's review cycle.

Ratified by:	Date	
<i>Sub Committee</i>	14/8/17	
Staff	16/8/17	
School Council President	21/8/17	Name: Darrell Holden Signature: 
Review Date: August 2020		